

# FOUNDATION COURSE

## PAPER 2: SECTION-B: BUSINESS CORRESPONDENCE AND REPORTING TEST-10

Max Marks: 10

**Q1 – Select the suitable antonym for the words given. (1 Mark each)**

**Read the passage carefully and answer the questions that follow:**

Depression is a psychological health disorder characterised by despondent mood or loss of interest in activities, causing repression in daily life. The Centres for Disease Control and Prevention (CDC) released a report according to which 8.1 percent of adult ages 20 and over had depression in any given 2-week period from 2013-2016.

The factors include a combination of biological, psychological and social distress. These factors cause change in brain functions, including altered activity of certain neural circuits in the brain.

Constant feeling of sadness or loss of attentiveness characterises major depression that leads to a fluctuation in behavioural and physical health. Depression also affects sleep, appetite, energy level, concentration, and self-esteem of a person. It can also be associated with suicidal thoughts or tendencies.

There are two main types of depression: (i) Major depressive disorder and (ii) Persistent depressive disorder. Major depressive disorder is the more perilous form of depression. It is characterised by persistent feelings of sadness, hopelessness and worthless that cannot be overcome easily. Persistent depressive disorder (PDD) earlier termed as Dysthymia. It is a mild, but chronic form of depression.

Depression can be cured by proper medications, psychotherapy, light therapy, and exercises.

These include antidepressants, antianxiety and antipsychotic medicines. Psychotherapy includes enunciating with therapists that can help to deal with negative feelings. Light therapy is a technique where exposure to white light helps to regulate one's mood and improve symptoms of depression.

30 minutes of daily exercise increases production of endorphins, which are hormones that improve

mood. Above all, family support plays a major role in quick recuperation of a patient.

**1- Synonym of repression-**

**(1 Mark)**

- (A) Impairment
- (B) Severe
- (C) Persistent
- (D) Depressive

**2- Light therapy improves-**

**(1 Mark)**

- (A) Mood
- (B) Endorphins production
- (C) Overpower negative feelings
- (D) Symptoms

**3- Define the two major types of depression. State their characteristics. (1 Mark)**

**4- What are the causes of depression?**

**(1 Mark)**

**5- How can depression be treated?**

**(1 Mark)**

**Q2 -Read the passage carefully and answer the questions that follow:**

Cybercrime is a crime which happens online or primarily online. Cybercriminals commit crimes by targeting computer networks or devices. One of the most common methods is by hacking. Other cybercrimes include cyber-stalking, child sexual exploitation, harassment and bullying. Hacking means violating IT (Information Technology) Act, and intervening into a computer, or a network system for specific goals, such as stealing money, gaining fame, stealing of confidential data etc. or to exploit someone. The person involved in hacking purpose is known as hacker. Hacker are categorised into three types: (i) White Hat hacker, (ii) Black Hat hacker and (iii) Grey Hat hacker.

White Hat hackers are also known as ethical hackers. White hackers are legal hacker and they never intent to harm a computer or system, rather they find out loopholes in a computer or a network system to keep the system safe from being hacked. Black Hat hackers are called crackers who gain unauthorised access to a system to harm or steal sensitive information. They find loopholes to gain access to a system . While grey hat hackers are mixture of both black hat and white hat hackers. They do it for fun without the owner's consent.

Some methods to protect yourself safe from cybercrimes are: (i) keep software updated, (ii)

use strong passwords, (iii) manage the social media settings as per your privacy, (iv) talk to children about internet, (iv) keep an eye on kids using parental control, (v) keep your identity safe, (vi) do not click on any unknown link, (vii) know what do be done if you become a victim. Children are most common victims of cybercrime. So keeping an eye on children action is very important. Cybercrimes cases in India registered under the IT Act, increased between 2011 and 2014. In 2015, there were 11,592 cases of cybercrime in India. Cybercrime cases are increasing day by day. Protection from crime is in your hands. So use internet wisely. Beware of crime else crime will not aware you.

**1- Reason for increase in cybercrime are: (1 Mark)**

- a) Increased use of internet
- b) Unawareness of cybercrime
- c) Ignorance of privacy setting
- d) Need of Digitalization

**2) Children are common victim of cybercrime because: (1 Mark)**

- a) They are innocent
- b) Lack of information about internet
- c) Lack of parent awareness
- d) Both (a) and (c)

**3) Which action should not be taken? (1 Mark)**

- a) Creating a long password
- b) Activating Internet Security
- c) Creating Database without password
- d) Using Parental control

**4) Synonym of trail is: (1 Mark)**

- a) Harassment
- b) Bullying
- c) Intervening
- d) Stalking

**5) The word assent means: (1 Mark)**

- a) Stealing
- b) Consent
- c) Mixture
- d) Beware